



# Why MyTime?

MyTime is a peer support program for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

## GROUP NAME:

**MyTime Tanunda**

## GROUP DETAILS:

### **The Hub**

83 Murray Street, Tanunda 5352 SA

Thursdays 9:30 – 11:30 am

## CONTACT DETAILS:

Ros – 0403 086 279

Email: [ros.briggs@sa.gov.au](mailto:ros.briggs@sa.gov.au)

Unwind and  
share experiences  
with others who  
understand



**Health**  
Women's and Children's  
Health Network



[mytime.net.au](http://mytime.net.au)

# MyTime

## term plan

mytime.net.au

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
08/05/2025	Welcome Back! Mystery pamper session	Play helper will engage children in play
15/05/2025	One Plan Discussion Dr Cerys Harris Howson	Play helper will engage children in play
22/05/2025	The Nurtured Village Offering therapy for children, adolescents and families- located in Nuriootpa	Play helper will engage children in play
29/05/2025	Coffee and chat	Play helper will engage children in play
05/06/2025	Craft activity	Play helper will engage children in play
12/06/2025	End of Term Break up, Venue to be advised	Play helper will engage children in play



It's support  
for you



It's free to  
join



Professional  
support



Pre-school aged  
children are welcome